

INTERVIEW PREPARATION

Host & Producer Interview Guide

Conversation themes, episode angles, suggested questions, and practical interview notes

MELANIE BRIGHT | LIBRARIAN OF SOULS

Creator of Interior Life Design | Author | Spiritual Educator
Based in Northern California | MelanieBright.com | youtube.com/@ETConnections

Melanie at a Glance

Melanie Bright is a Librarian of Souls and the creator of **Interior Life Design**, a framework for understanding how beliefs, agreements, relational structures, and unseen influences shape our choices, relationships, spiritual experiences, and direction. Drawing on more than three decades of intuitive practice, Melanie specializes in spiritual contracts, relational clarity, spiritual safety and discernment, and relational repair across the veil. The Akashic Records are one of the tools she uses to investigate what is present. Melanie remains the active practitioner, and the client remains the chooser.

Her work is especially relevant to conversations about:

- Interior Life Design and the hidden architecture of a life
- Spiritual contracts, inherited obligations, and unseen agreements
- Intuition, fear, projection, distortion, and discernment
- Spiritual safety, consent, sovereignty, and energetic boundaries
- Relational clarity, shared reality, accountability, and repair
- Relationships among the living and relational repair across the veil
- Truth-telling that is direct, useful, and trauma-informed
- Telepathy, CE-5, consciousness, and ethical contact
- Practitioner burnout, overwhelm, boundaries, and self-trust
- Translating spiritual information into grounded choices

A Useful Way to Understand Melanie’s Practice

Librarian of Souls	Melanie's public identity and vocation
Interior Life Design	The master framework connecting her work
Core specialties	Discernment and spiritual safety, contract work, and relational clarity
Tools	Akashic Records, breathwork, [...ADD MORE...]

The Heart of Melanie's Work

Interior Life Design begins with a deceptively simple question: How does the inner world actually work - and how does it shape everything else? Melanie helps people recognize what is organizing their experience before attempting to change it.

Her sessions may reveal beliefs, agreements, relational patterns, inherited roles, competing perceptions, or unseen influences shaping a situation. She then helps the person determine what should remain, what must be addressed, options on how to address it, and what can be completed, released, repaired, renegotiated, or consciously built differently.

The Records are a source of information, not a substitute for discernment. Melanie listens, questions, translates, contextualizes, and helps the client integrate what is received. Her purpose is not spiritual dependence. It is clearer perception and more conscious choice.

- Truth before reassurance
- Consent before access
- Discernment before trust
- Responsibility without shame
- Boundaries without punishment
- Relationship without loss of self
- Spiritual insight without surrendering personal authority

Potential Episode Angles

You Cannot Redesign What You Cannot See

How hidden beliefs, agreements, roles, and unseen influences organize a life - and why change begins with accurate orientation.

The Agreements You Don't Know You're Living Under

How relational, inherited, spiritual, and collective contracts can shape choices long after their origins have been forgotten.

Relational Repair Across the Veil

What relationship with deceased loved ones can look like, and what to do when not everyone wants repair.

Spiritual Openness Without Discernment Is Not Safety

Why a comforting feeling is not sufficient evidence that a message, guide, or unseen presence is trustworthy.

Spiritual Safety is the New Gold

Millions of folks are all jazzed up for telepathy, manifestation and reaping all the rewards only to find it doesn't work. Beneath these attempts may be contracts or unseen influences, but beneath even that-- is foundational work hardly anyone is currently talking about. Yet everything depends upon it...

When Language Breaks Reality

Why conflict becomes nearly impossible to resolve when two people are no longer responding to the same meaning or shared reality.

The Akashic Records and Your Authority

What the Records are, what they are not, and why spiritual guidance should illuminate choices rather than dictate them.

The Reality of Contracts and What Makes Them Risky

The history of our consent, how it's used against us, the untold truth of contract work, and why it's risky.

If We Continue, Why Would Relationship Stop?

How changing roles, unfinished conversations, boundaries, and relational repair continue across the veil.

Telepathy, Contact, and Consent

How sovereignty, protection, and ethical responsibility apply when communicating with spiritual beings or nonhuman intelligences.

What Makes Someone a Librarian of Souls?

The difference between retrieving spiritual information and understanding how stories, agreements, and relationships are organized within a living archive.

Spiritual Safety and Discernment

What is spiritual safety? What is discernment? How do you know if you're being safe with other spiritual practices?

Suggested Interview Questions

Origin and the Librarian of Souls

1. Your work began with a medical crisis involving your son. What happened, and how did that experience change the questions you were asking?
2. What did seeking a second medical opinion teach you about authority, intuition, evidence, and personal responsibility?
3. What does the title Librarian of Souls mean to you?
4. How is a Librarian of Souls different from someone who simply receives or channels information?

Interior Life Design

5. What is Interior Life Design, and what problem does it help people solve?
6. What do you mean by the hidden architecture of a life?
7. Why must we understand what is already organizing our experience before trying to change it?
8. Where is the line between consciously designing one's interior life and attempting to replace reality with a preferred story?
9. How do truth, safety, agreements, relationship, choice, and integration fit together within the framework?

Contracts, Agreements, and Choice

10. What is a spiritual or living contract?
11. How can an agreement influence someone when they no longer remember making it?
12. What is the difference between a contract, a belief, a covenant, and an energetic bond?
13. Why is simply cutting a cord or declaring a contract gone sometimes insufficient?
14. How do you determine whether an agreement should be completed, released, repaired, rewritten, or renegotiated?
15. Can a contract involving several people be changed without violating anyone else's sovereignty?

Relationships and the Conscious Compass

16. What does it mean to become oriented within a relationship?
17. Why do two people sometimes become unable to agree on what is real?
18. What happens when the same word carries a different reality for each person?
19. What is the difference between reconciliation and relational repair?
20. Can repair occur when only one person is willing or able to participate?
21. How do boundaries, consent, accountability, and sovereignty change the meaning of repair?

Spiritual Safety and Discernment

22. Why is reading or intuiting for yourself more difficult than doing it for others?
23. What do you have to do to become adept at intuiting for yourself?
24. Why is a loving or comforting feeling not enough to establish that a spiritual presence is trustworthy?
25. How does the state of the practitioner affect the accuracy of spiritual information?
26. What questions should people ask before consenting to spiritual or energetic interaction?
27. What does it mean to tell a difficult truth in a trauma-informed way?

Across the Veil, Contact, and Consciousness

27. If consciousness continues after death, how might a relationship continue changing?
28. What can relational repair across the veil include besides reconciliation?
29. Can someone establish a new boundary or agreement with a person who has died?
30. What have your CE-5, missing-time, and contact experiences taught you about consent?
31. How can people remain curious about extraordinary experiences without becoming naive, fearful, or ungrounded?

Books and the Larger Body of Work

32. Why did you choose A Librarian of Souls: Inside the Living Archive as the title of your first book?
33. How is The Conscious Compass an application of Interior Life Design?
34. What is the renaissance you envision in The Renaissance of Death?
35. What central idea connects all three books?
36. Do you have any more books or bodies of work you plan to create?

Personal Stories Worth Exploring

- Receiving an extraordinarily bleak prenatal prognosis for her son and seeking a second opinion
- Watching her newborn undergo open-heart surgery at one week old and again at four months old
- The promise she made to become a healthier example for her son
- Discovering language for intuitive perception that had been present since childhood
- The experience of having her ego turned off for a month and encountering unconditional love
- Offering intuitive readings without charge for approximately ten years
- Learning from teachers, elders, shamans, and Indigenous communities in Costa Rica, Peru, and Africa
- Co-creating and co-hosting the YouTube channel ET Connection
- CE-5, missing time, Sasquatch-related experiences, and nonhuman contact
- Publicly disagreeing with the July 2025 catastrophe prediction involving Japan
- Developing Interior Life Design and the three books that express different parts of it
- Most influential client experiences (keeping client's anonymous for privacy)
- Most endearing client experiences
- Most stressful client experiences (this isn't the client themselves -- what occurred in the Soul Records)
- An out-of-body experience where she experienced non-judgment
- What does a typical session look like for you?

Current Books and Frameworks

Framework: *Interior Life Design*

Melanie's master framework for understanding how beliefs, agreements, perceptions, relational structures, and unseen influences shape our experience. It connects her books, private work, courses, and teaching.

Book 1: *A Librarian of Souls: Inside the Living Archive*

A collection of teachings and real experiences from Melanie's work within the Akashic Records. The book explores truth, responsibility, fear, boundaries, intuition, discernment, relationship, and self-trust.

Book 2: *The Conscious Compass: Orienting Yourself in Relationship*

A relational navigation system that helps people orient themselves within relationships through sovereignty, perception, trust, boundaries, accountability, repair, and conscious connection. Blending psychological insight, spiritual perspective, and practical tools, the book teaches readers how to navigate shared reality, relational conflict, and long-term connection with clarity, responsibility, and humanity.

Book 3: *The Renaissance of Death*

An exploration of the emerging restoration of humanity's natural connection across the veil. It considers continued consciousness, changing relational roles, finishing unfinished conversations, consent, sovereignty, and how relationship and repair continue beyond physical life, what is going to look like, and what it will look like.

Current Teaching Areas

- Spiritual Hygiene and Protection
- Telepathy 101
- The Power of Intention
- Grounding and shielding
- Spiritual safety and discernment
- Sovereignty, consent, and energetic boundaries
- Practitioner safety, overwhelm, and burnout
- Relational agreements and contract work
- Interior Life Design and the Conscious Compass
- Guided practices for grounding, emotional release, integration, and restoration
- Mentorship for practitioners, intuitive people, and those experiencing spiritual awakening

Selected Media Experience

Melanie co-created and co-hosted ET Connection, a YouTube channel exploring consciousness, CE-5, meditation, contact experiences, and communication with nonhuman intelligences. In March 2025, she was featured in Japan's anemone magazine as one of six international readers and channelers invited to offer insight into the year ahead.

Helpful Language for Introductions

The most accurate concise introduction is: Melanie Bright is a Librarian of Souls, author, spiritual educator, and creator of Interior Life Design.

When more detail is useful, add that she specializes in spiritual safety and discernment, contract work, relational clarity, and relational repair across the veil. The Akashic Records may be named as one of her tools or as a subject of the specific conversation.

Please avoid reducing Melanie to:

- Only an Akashic Records reader
- A psychic or medium focused on prediction or performance
- A generic spiritual coach or energy healer

Important Ethical Notes

- Melanie does not diagnose illness, prescribe treatment, or replace medical or mental-health care.
- Her son's medical story is an origin story, not medical guidance or a claim that spiritual practices replace medical intervention.
- Another person's Akashic Records cannot be accessed without permission. Information involving someone else may arise only when it directly affects the consenting participant's own life or path.
- Surprise on-air readings are not recommended. Any demonstration should be arranged in advance so consent, subject matter, and boundaries are clear.
- Melanie protects client privacy and will not disclose identifying information from private sessions.
- Unusual experiences should be discussed respectfully rather than sensationally. Melanie's emphasis is what they reveal about consciousness, discernment, consent, and relationship.

Suggested On-Air Introduction

Melanie Bright is a **Librarian of Souls**, author, spiritual educator, and creator of **Interior Life Design** - a framework for understanding the hidden beliefs, agreements, relational structures, and unseen influences that shape our lives. Drawing on more than three decades of intuitive practice, she specializes in spiritual discernment, contract work, relational clarity, and relational repair across the veil. The Akashic Records are one of the tools Melanie uses to help people see what is actually present, understand what can change, and make conscious choices without surrendering their own authority.

Connect With Melanie

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